

	Wheat & Other Cereals (Gluten)	Soy	Fish & Crustacean Products	Milk & milk products	Peanut	Egg and egg products	Sesame	Celery	Mustard	Lupin	Sulphur dioxide and sulphites	Molluscs	MSG	Vegetarian	Vegan
<b>Dishes</b>															
Combination	Red	Red	Red		Red	Red									
Satay Chicken	Red	Red		Red	Red										
Garlic King Prawn	Red		Red		Red										
Beef Ho Fan	Red	Red			Red	Red									
Curry King Prawn	Red	Red	Red		Red		Red	Red				Red			
Pad Thai	Red	Red			Red										
Sweet Garlic Chicken	Red				Red										
Veggie Box		Red											Red	Red	
Workout Box					Red		Red	Red							
No Carb Box	Red	Red				Red									
Special Fried Rice	Red	Red	Red		Red	Red									
Singapore Fried Rice	Red	Red	Red		Red		Red	Red				Red			
Surf Vietnam Box			Red		Red	Red						Red			
Teriyaki Rice Box	Red	Red			Red										
Veggie Rice Box		Red			Red								Red	Red	
<b>Bases</b>															
Thick Egg Noodles	Red				Red								Red	Red	
Thin Egg Noodles	Red				Red								Red	Red	
Spinach Noodles	Red												Red	Red	
Ho Fan													Red	Red	
Udon	Red												Red	Red	
Jasmine Rice													Red	Red	
Veg Mix													Red	Red	
<b>Filling</b>															
Chicken															
Beef															
Roast Duck															
King Prawn			Red												
Squid			Red												
Carb Sticks	Red	Red	Red		Red										
Chinese Fish Cake	Red	Red	Red		Red	Red				Red		Red			
Tofu													Red	Red	
Veg Mix													Red	Red	
<b>Vegetables</b>															
Onions													Red	Red	
Beansprouts													Red	Red	
Cabbage													Red	Red	
Carrots													Red	Red	
Broccoli													Red	Red	
Pak Choi													Red	Red	
Green Peppers													Red	Red	
Mushrooms													Red	Red	
Bamboo Shoots													Red	Red	
Baby Corn													Red	Red	
Chinese Mushrooms													Red	Red	

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Pineapple															
Cherry Tomatoes															
Peas															
Sweetcorn															
Chillies															
<b>Sauces</b>															
Our Signature Sauce															
Siracha															
Hot and Spicy Soy															
Teriyaki															
Satay Sauce															
Pad Thai															
Hong Kong Curry															
Sweet Garlic															
Szechuan Hot Bean Sauce															
Black Bean Sauce															
Masala Sauce															
Asian Dry Spice															
Gluten-Free Soy															
<b>Topping</b>															
Spring Onions															
Fresh Coriander															
Crispy Friend Onions															
Chilli Flakes															
Jalapeno															
Sesame Seeds															
Pickled Pink Ginger															
Chopped Peanuts															
Sweet Chilli Sauce															
Lime Wedge															
Chilli Oil															
Soy Sauce															

**Key**



Means that the dish contains the specified allergenic ingredient.

sometimes the ingredient is not included in the menu description but may be part of a sauce for example

Please note whilst we try our best to ensure your food is suitable for you, our dishes are prepared in areas in which allergenic ingredients are present.

These charts show which dishes do not contain certain allergenic ingredients as intentional ingredients,

however we cannot guarantee that dishes are 100% free from these ingredients due to the preparation process